



## HOW TO CHOOSE THE RIGHT MASK

Masks are divided into two types

- (i) Two glasses – the so called “low volume”



- (ii) One glass



The first type, with two glasses, is very popular because it is easier to clear the water when the mask is filled with water.

The next differentiation of the mask is the material they are made of:

- (i) Silicone (clear or black)
- (ii) Rubber

**NOTE:** Free divers use ONLY low volume black silicone mask. Scuba divers can wear whatever they like.

Useful tips on the use of masks, further down.

**HOW TO CLEAR THE MASK FROM WATER:** (1) You press the mask in the middle of the eyes, above the nose and blow your nose lifting slightly the lower part of the mask pushing the water out of the mask or (2) Hold the mask with both your hands from your temples, you blow your nose and at the same time lift up slightly the lower part of the mask pushing the water out of the mask.

**HOW TO PREVENT THE MASK FROM FOGGING:**

There are various practical tips – we disclose the most common

- Use tooth brush and rub the silicone skirt and glass of the mask before you enter the water
- Rub the glass with potato (funny but some people insist that it works)
- Rub the silicone skirt and glass of the mask with good quality liquid soap before you enter the water.
- Rub the silicone skirt of the silicone skirt of the mask with warm water in liquid soap for a few minutes. You repeat this process several times in different dives until the fogging diminishes and finally disappear.